## Source:

Guzmán Meza, Emiliano. *Ixim; Maíz; Corn.* Chiapas, Mexico: CIESAS, 2004. ISBN: 978-9684964884.

Page #	Description
cover/67	A woman lifts a double handful of corn kernels out of soaking water.
7	The seeds are carried in an armadillo shell.
8	Three planting sticks with metal-covered ends.
13	Seeds and three corncobs are symbolic, and are spit on three times with water
	so that the plant will grow green and the corn will have lots of kernels.
26	Seven cobs of corn include red, blue, white, and yellow varieties.
28	An array of harvested cobs in their dried husks.
34	Four plump corncobs are burnt on a charcoal fire to ask forgiveness from
	mother earth, to ensure a good harvest.
36	Corn is ground by hand between a flat stone and a stone rolling pin.
49	A woman harvests a ripe corncob right off the stalk with her hands.
57	A bowl full of corn dough, meant for tamales.
61	To make tamales, wrap filling in corn dough, wrap in a corn husk, and steam
	until cooked.

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