14.127 Behavioral Economics. Lecture 9

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1 Self Control Problems

1.1 Hyperbolic discounting

- Do you want a small cookie u_s now $(t_0 = 0)$ or a big cookie u_b later $(t_1 = 1 \text{ week})$?
- Many people prefer $(u_s, 0)$ to (u_b, t_1)

- Denote by $\Delta(t)$ the discount factor applied to time t
- Then

$$\Delta(0) u_s > \Delta(t_1) u_b.$$

• At the same time many people prefer (u_s, t) to $(u_b, t + t_1)$ where t = 1 year, and $t_1 = 1$ day.

$$\Delta(t) u_s < \Delta(t+t_1) u_b.$$

• Thus,

$$\frac{\Delta\left(t+t_{1}\right)}{\Delta\left(t\right)} > \frac{u_{s}}{u_{b}} > \frac{\Delta\left(t_{1}\right)}{\Delta\left(0\right)}$$

• Denote

$$\psi\left(t\right) = \frac{\Delta\left(t+t_{1}\right)}{\Delta\left(t\right)}$$

and note

 $\psi\left(t
ight)>\psi\left(0
ight)$

•
$$\frac{\psi\left(t\right)-1}{t_{1}} = \frac{1}{\Delta\left(t\right)} \frac{\Delta\left(t+t_{1}\right)-\Delta\left(t\right)}{t_{1}} \simeq \frac{1}{\Delta\left(t\right)} \Delta'\left(t\right)$$

• Thus $\frac{\Delta'(t)}{\Delta(t)}$ is increasing.

• Let us write
$$\Delta(t) = e^{-\int_0^t \rho(s) ds}$$

• Then
$$\frac{\Delta'(t)}{\Delta(t)} = \frac{d}{dt} \ln \Delta(t) = \frac{d}{dt} \left(-\int_0^t \rho(s) \, ds \right) = -\rho(t)$$

- Standard exponential model $\Delta(t) = e^{-\rho s}, \, \rho(s) = \overline{\rho}$
- Empirical evidence points to $\rho(t)$ decreasing
- In comparison of today and tomorrow emotions are silent, in comparison of 1000 days from now and 1001 days cognition takes over.

• Maybe people compare ratios: 1 in t = 1000 days vs X_t in t + 1 = 1001 days. For indifference something like $X_t \simeq \frac{1001}{1000}$ is plausible.

$$X_t \simeq \mathbf{1} + \frac{a}{t}$$

for large t. Clearly $X_t \to 1$ as $t \to \infty$.

• But,
$$X_t = \frac{\Delta(t)}{\Delta(t+h)} = e^{\int_t^{t+h} \rho(s) ds}$$
. Thus $X_t \to 1$ iff $\rho(t) \to 0$.

• If
$$X(t) = 1 + \frac{a}{t}$$
, then $1 + \frac{a}{t} = X(t) = e^{\int_{t}^{t+h} \rho(s) ds} \simeq 1 + \int_{t}^{t+h} \rho(s) ds$.

• Thus $\rho(t) \simeq \frac{ah}{t}$ for large t.

• Thus $\int_{1}^{t} \rho(s) ds \simeq ah \int_{1}^{t} \frac{1}{s} ds = ah \ln t = a' \ln t$

• Postulate
$$\Delta(t) = e^{-a' \ln(t+1)} = \frac{1}{(1+t)^{a'}}$$
.

• That's why this is called hyperbolic discounting

• Quasi-hyperbolic approximation (Phelps and Pollack 1968, Laibson 1997)

$$\Delta(t) = \left\{egin{array}{cc} 1 & ext{for } t = 0 \ eta\delta^t & ext{for } t \geq 1 \end{array}
ight.$$

- Typically, $\beta \leq 1$.
- Now,

$$rac{\Delta \left(1
ight)}{\Delta \left(0
ight)} = eta \delta < \delta = rac{\Delta \left(2
ight)}{\Delta \left(1
ight)}$$

• This function is tractable. It does not get $X_t \rightarrow 1$ though.

1.2 Open question

- What is t = 1? For cookie it might be 1 hour. For small money it might be 1 week. For macro consumption it is one quarter. Empirically, δ ≃ .98 in yearly units, and β ≃ .6 is usually found for all time units.
- What determines β? Clearly, the appeal of the good seems to matter. A nice, moist cookie may have a lower β, while a fairly stale plain bagel may have a β close to 1.

1.3 Dynamic inconsistency

- Example. Do the task (taxes) at $t \in \{0, 1, 2\}$ at a cost $c_0 = 1$, $c_1 = 1.5$, $c_2 = 2.5$. Take $\beta = \frac{1}{2}$ and $\delta = 1$.
 - Take Self 0 (the decision maker at time 0). Disutility of doing the task at 0 is 1, at 1 is $\frac{3}{4}$, at time 2 is 1.25. So, Self 0 would to the task to be done at t = 1.
 - Self 1 compares time 1 cost of 1.5 with time 2 cost of 1.25 and prefers the task to be done at time 2.
 - Self 2 does the task at the cost 2.5.

- Proposition. If the decision criterion at t is max ∑_{s≥0} Δ(s) u (c_{t+s}) then there is dynamic inconsistency unless there exists a constant η such that Δ(s) = Δ(0) η^t.
- Proof (sketch). Take t = 0 and choose c_0 .
 - Self 0 planned $c_1, c_2, ...$ maximizes max $\sum_{s \ge 1} \Delta(s) u(c_s)$ over $c_1, c_2, ...$ satysfying a budget constraint.
 - Self 1 maximizes max $\sum_{s\geq 1} \Delta(s-1) u(c_s)$ subject to the same budget constraint
 - For the choices to be the same, there must be a constant η s.t. $(\Delta(s))_{s\geq 1} = \eta (\Delta(s-1))_{s\geq 1}$, i.e. $\forall s, \Delta(s) = \eta \Delta(s-1)$, which implies $\Delta(s) = \Delta(0) \eta^t$.

1.4 Naives vs sophisticates.

- Sophisticates understand the structure of the game and use backward induction.
 - In the example above a sophisticate understands that time 1 Self is not going to do the taxes and time 2 Self is going to do them, unless Self 0 does. So Self 0 chooses to do his taxes.
 - But the first best would be to force Self 1 to do the taxes.
 - You don't see too much commitment schemes in pratice.
 - Maybe they will be developed by the market, or maybe all consumers are naives.

- Naive thinks that future selfs will act according to his wishes.
 - Naives don't want commitment devices.
- Are people naives or sophisticates?
 - We see some commitment devices, e.g. mortgage is forced savings.
- Partial naives (O'Donoghue and Rabin, Doing it now or later, AER 1999)
 - Self *t*'s preferences are $(1, \beta \delta, \beta \delta^2, ...)$ but Self *t* thinks that future selves have $(1, \hat{\beta} \delta, \hat{\beta} \delta^2, ...)$.
 - If $\hat{\beta}=\beta$ then the agent is sophisticated. If $\hat{\beta}=1$ then the agent is naive.

1.5 Paradoxes with sophisticated hyperbolics

- Sophisticated hyperbolics have consumption that is a non-monotonic function of their wealth if there are borrowing constraints (Harris and Laibson, "Dynamic Choices of Hyperbolic Consumers", *Econometrica* 2004)
- This pushes very far the assumption of sophistication.
- That disappears if the environment is noisy enough (that smoothes out the ups and downs)

1.6 Continuous time hyperbolics

- Harris and Laibson: "Instantaneous gratification".
 - Agents maximize

$$\max \int_0^\infty \Delta(t) u(c_t) dt$$

where $\Delta(t)$ equals $\Delta(t - dt) (1 - \rho dt)$ with probability $1 - \lambda dt$ and
equals $\beta \Delta(t - dt)$ with probability λdt .

- They have only one shock in a lifetime.

$$V = E\left[\int_{t}^{t+T} e^{-\rho(s-t)}u(c_s) ds + \beta \int_{t+T}^{\infty} e^{-\rho(s-t)}u(c_s) ds\right]$$

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where T is a Poisson(\lambda) arrival time.
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- One can do continuous time Bellman Equations.
- Nice paper by Luttmer and Mariotti (JPE 2003).