HST.583 Functional Magnetic Resonance Imaging: Data Acquisition and Analysis Fall 2008

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HST.583: Functional Magnetic Resonance Imaging: Data Acquisition and Analysis, Fall 2008 Harvard-MIT Division of Health Sciences and Technology Course Director: Dr. Randy Gollub.

Part 1: BOLD Imaging II

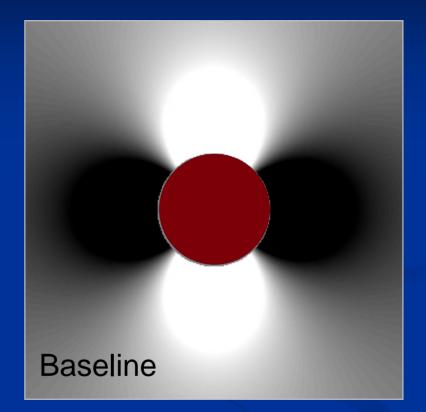


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Overview

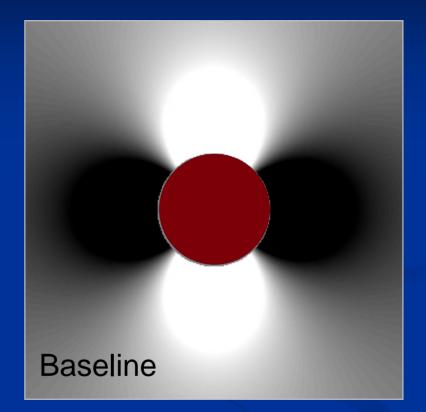
BOLD in context of MRI physics
Spatial origin of BOLD signal contribution
Effects of diffusion on BOLD signal
BOLD sequence variants
BOLD imaging parameters

Embedded animation removed due to copyright restrictions. See item # 10 at <u>http://www.sinauer.com/neuroscience4e</u> /animations1.1.html (Website for Purves et al. *Neuroscience*. 4th edition. Sunderland, MA: Sinauer Associates, 2008.)



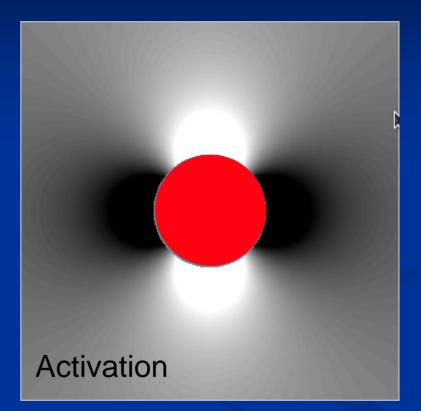
The magnetic field within and surrounding the vessel is perturbed by paramagnetic dHb

Embedded animation removed due to copyright restrictions. See item # 10 at <u>http://www.sinauer.com/neuroscience4e</u> <u>/animations1.1.html</u> (Website for Purves et al. *Neuroscience*. 4th edition. Sunderland, MA: Sinauer Associates, 2008.)



At baseline, late capillary and post-capillary venular blood is substantially deoxygenated (SaO₂ = 60%) and contains dHb

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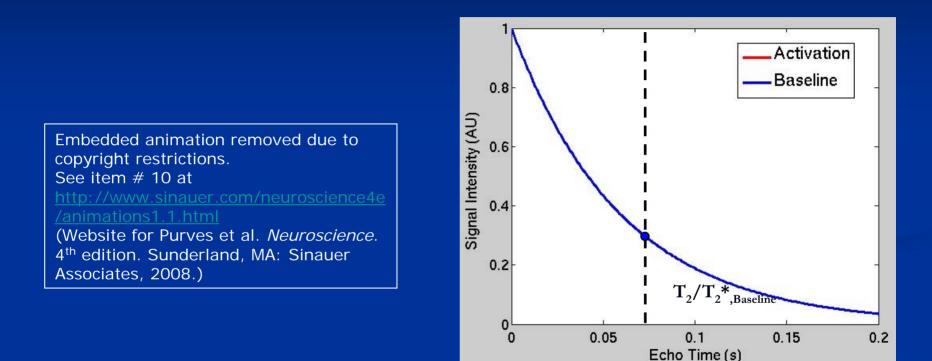


During activation, CBF increases substantially and flushes out dHb. Late capillary and post-capillary venular blood become *more* oxygenated ($SaO_2 = 80\%$) HST.583, Div Bolar, 2008

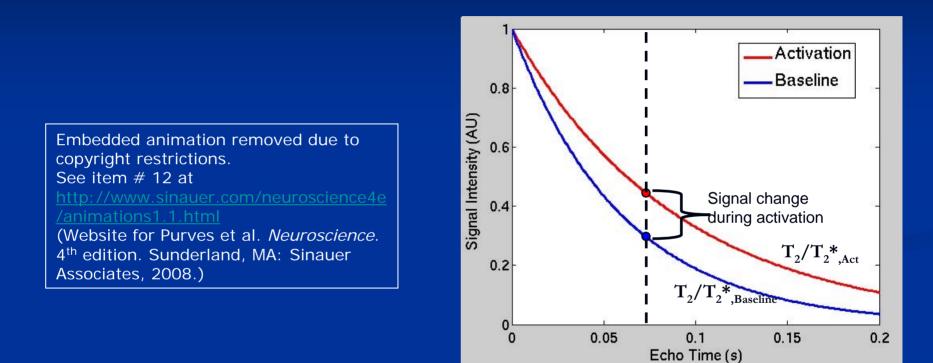
Embedded animation removed due to copyright restrictions. See item # 12 at <u>http://www.sinauer.com/neuroscience4e</u> /animations1.1.html (Website for Purves et al. *Neuroscience*. 4th edition. Sunderland, MA: Sinauer Associates, 2008.)



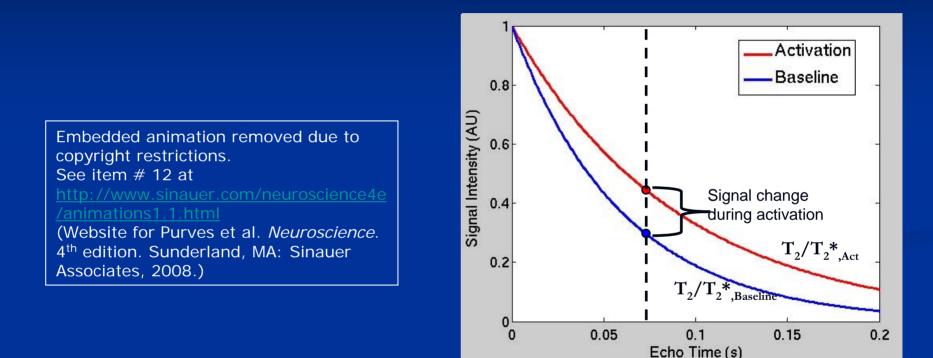
The magnetic field perturbation is substantially attenuated, since there is less paramagnetic dHb



BOLD fMRI involves acquiring data at a certain echo time (TE). At baseline the strong magnetic field perturbations lead to decreased T_2/T_2 *



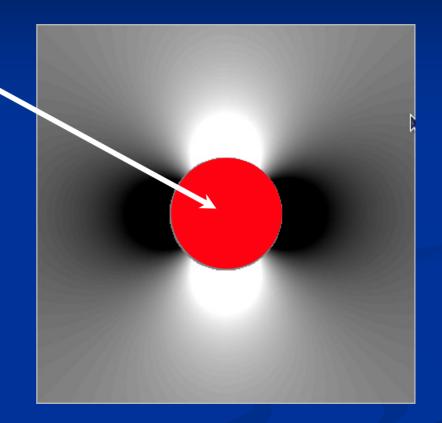
During activation, T_2/T_2^* increases due to less dHb. By choosing an optimal TE, this change can be exploited, leading to increased signal



But from where do these changes originate??

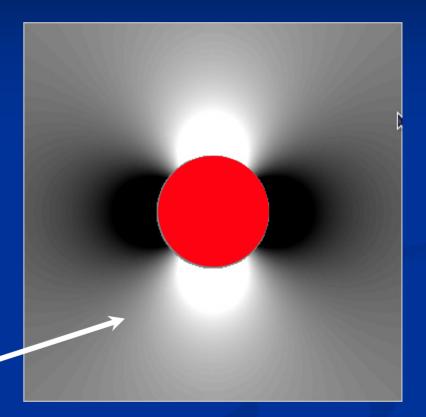
- MRI signal predominantly comes from protons in water
- BOLD signal changes arises from magnetic field perturbations caused by dHb in red blood cells
- Magnetic field gradients are created around:
 - Individual RBCs containing dHb
 - Blood vessels carrying deoxygenated RBC's

 Water protons within vessels are affected by strong fields around RBCs, leading to an intravascular BOLD effect



 Water protons within vessels are affected by strong fields around RBCs, leading to an *intravascular* BOLD effect

Water protons around vessels (i.e. in tissue) are affected by field around vessel, leading to an *extravascular* BOLD effect



See Fig. 1 in van Zijl, P. C. M., et al. "Quantitative assessment of blood flow, blood volume and blood oxygenation effects in functional magnetic resonance imaging." *Nature Medicine* 4 (1998): 159 – 167. doi:10.1038/nm0298-159.

Extravascular BOLD effect

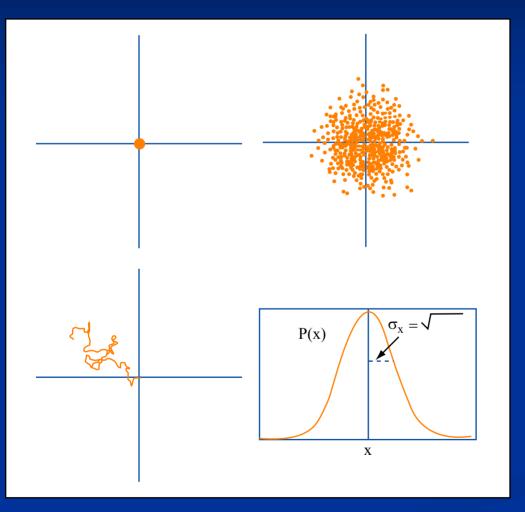
- Extravascular BOLD signal can be further subdivided into:
 - Effects around larg(er) vessels (late venules/ veins)
 - Effects around small microvessels (capillaries, early venules)
- Diffusion heavily influences the degree of contribution

Image removed due to copyright restrictions. Huettel, Song, &, McCarthy, *Functional MRI*, Sinauer, 2008.

Diffusion and fMRI

- Due to thermal energy water molecules constantly experience random displacements
- This process is called diffusion
- Since most of the signal in MRI comes from protons in water, diffusion plays critical role in MR signal modulation
- In fact, whole lecture devoted to diffusion imaging!

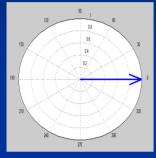
Basics of water diffusion



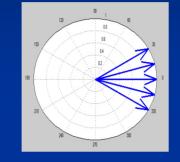
- Water molecules start from center
- Over time, these molecules spread out (*think ink*)
- Each molecule undergoes a *random walk*
- Mean of *all* molecule displacements is still zero
- Variance increases as a function of time

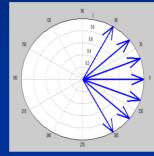
Figure by MIT OpenCourseWare. After Buxton, Introduction to fMRI, 2002.

Gradient Echo: Dephasing, no refocus, *T*₂* *decay*

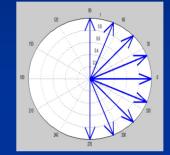


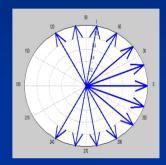
t = 0





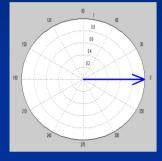
t = TE/2

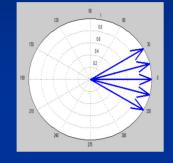


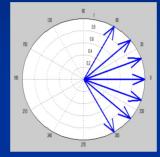


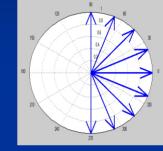
t = TE

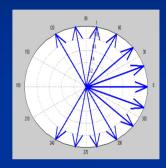
Gradient Echo: Dephasing, no refocus, *T*₂* *decay*











t = 0

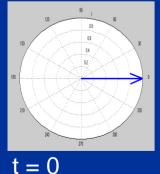


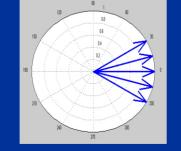


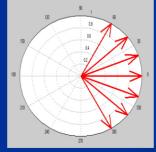
t = TE/2

t = TE

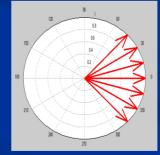
Spin Echo: Dephasing, 180 pulse at t = TE/2, T_2 decay

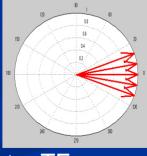






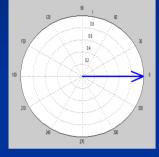
t = TE/2, 180pulse

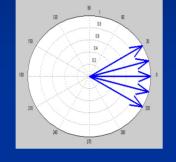


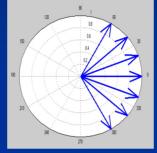


t = TE

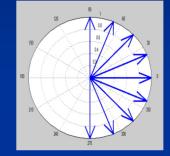
Gradient Echo: Dephasing, no refocus, T₂* decay

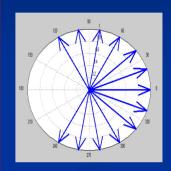






t = TE/2

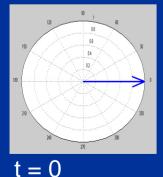


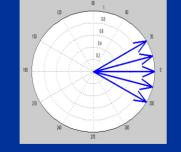


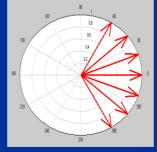
t = TE

t = 0

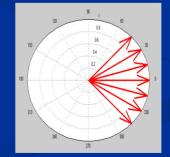
Spin Echo: Dephasing, 180 pulse at t = TE/2, T_2 decay

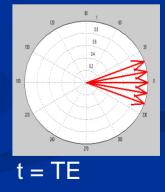






t = TE/2, 180 pulse





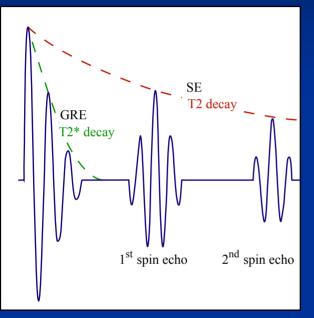


Figure by MIT OpenCourseWare.

Because of dephasing, GRE decay (T₂*) is considerable

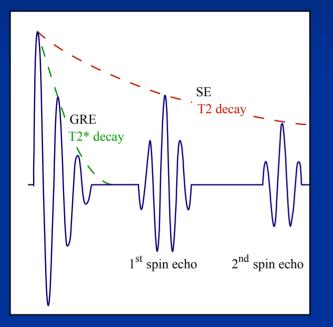
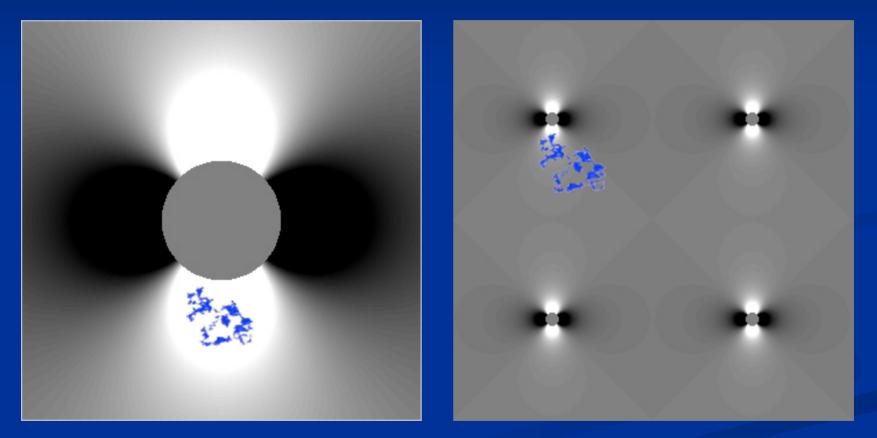


Figure by MIT OpenCourseWare.

Because of dephasing, GRE decay (T₂*) is considèrable Because of SE refocusing, some signal is recovered and decays with a T₂ time constant

Diffusion around vessels and the MR signal

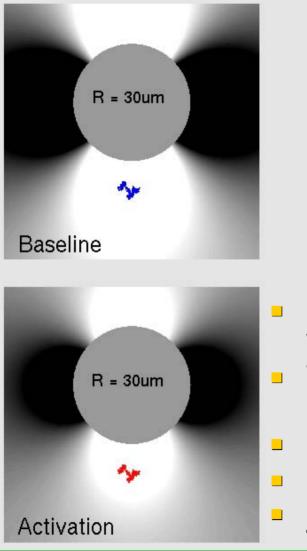


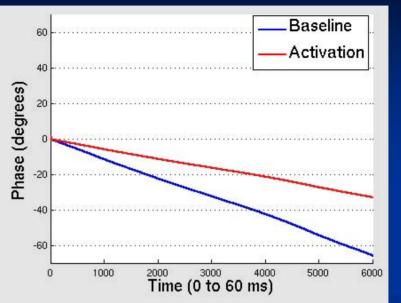
Large* Vessel (30 um)

Small Vessels (3 um)

* Keep in mind "large" is a relative term here! 30 um is still quite small!!

Diffusion around large vessels: GRE

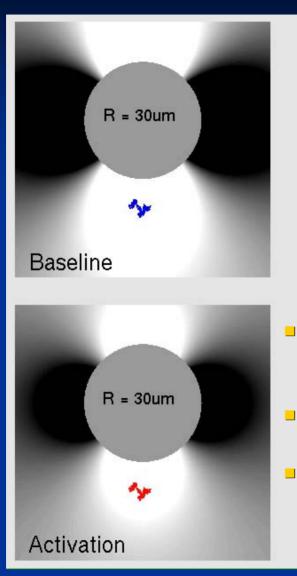


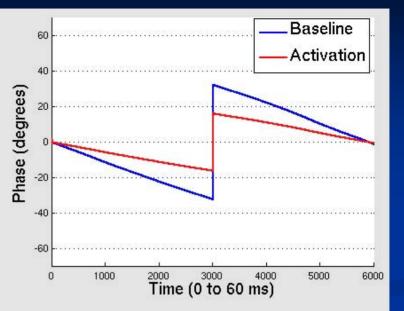


- Diffusion is small compared to venule or vein
- Water molecule therefore feels a relatively large, constant field
- Leads to *linear* phase accrual
- Magnitude of dephasing is large
- Large change in GRE-BOLD via T₂*!

Refer to supplemental animation of these diagrams and graph.

Diffusion around large vessels: SE

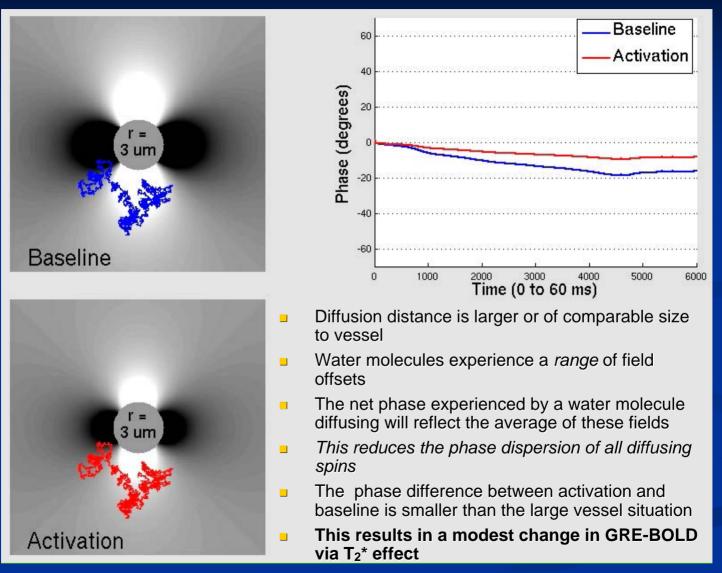




- In a spin echo sequence, a 180pulse *inverts* spins to *refocus* linear phase accrual
- Dephasing is refocused; there is little change in T₂ during activation!!
- There will be almost zero signal change around large vessels in SE-BOLD!

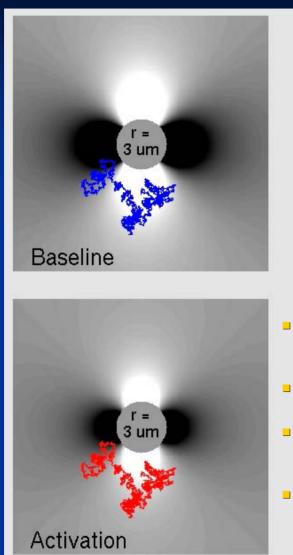
Refer to supplemental animation of these diagrams and graph.

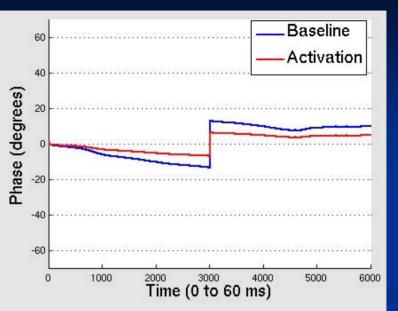
Diffusion around small vessels: GRE



Refer to supplemental animation of these diagrams and graph.

Diffusion around small vessels: SE





- Because of diffusion through a *range* of fields, a water molecule will see a *different* set of phase offsets in **first** and **second half** of echo time
- Phase offsets acquired during the first half will thus **not** be completely reversed by a spin echo
- There ends up being a net phase at TE, and a phase difference between the activated and inactivated state
- Activation changes T₂, resulting in a modest contribution to the total SE-BOLD signal

Refer to supplemental animation of these diagrams and graph.

Extravascular Effect Summary

Around larger vessels

- Includes late venules and veins
- Diffusion size is much smaller than vessel diameter
- Water molecules feel large, constant field, leading to static dephasing
- Produces large T₂* change and GRE-BOLD effect
- Static dephasing effects can be refocused via SE; T₂ change is negligible

Around smaller vessels

- Includes capillaries, early venules
- Diffusion size is on the order or slightly larger than vessel diameter
- Water molecules feel small, varying field, leading to dynamic dephasing
- Produces modest T₂* change and GRE-BOLD effect
- Dynamic dephasing effects cannot be refocused via SE; therefore T₂ effects are also modest

Extravascular Contribution to BOLD

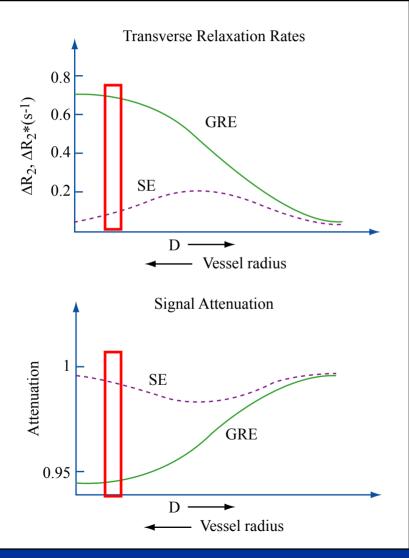
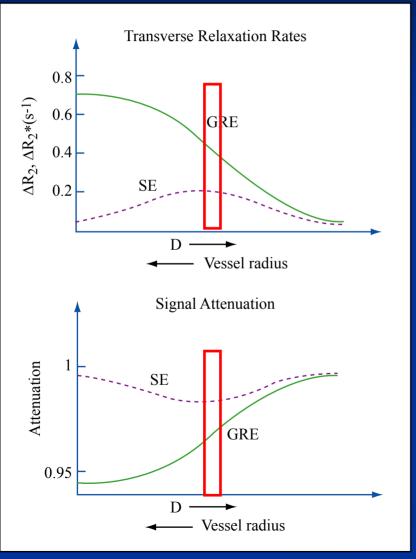


Figure by MIT OpenCourseWare, after Weisskoff, MRM (1994).

 During activation there is a large T₂* (solid) but small T₂ change (dotted) around large vessels

Extravascular Contribution to BOLD



During activation there is a large T₂* (solid) but small T₂ change (dotted) around large vessels During activation there is a modest T₂* (solid) and a modest T_2 (dotted) change around small vessels

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Figure by MIT OpenCourseWare, after Weisskoff, MRM (1994).

Extravascular Contribution to BOLD

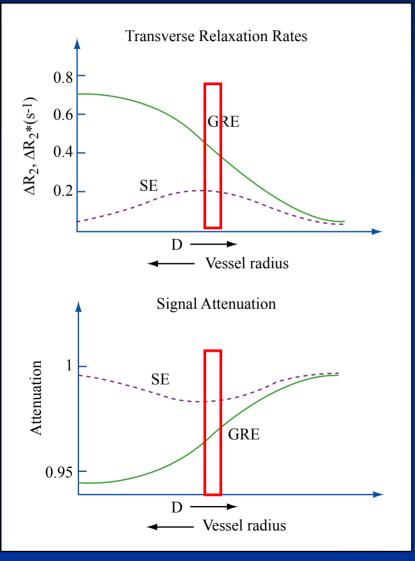


Figure by MIT OpenCourseWare, after Weisskoff, MRM (1994).

During activation there is a large T₂* (solid) but small T₂ change (dotted) around large vessels During activation there is a modest T₂* (solid) and a modest T₂ (dotted) change around small vessels GRE and SE allow us to target T_2^* or T_2

GE versus SE BOLD

Gradient Echo BOLD

- Contrast based on changes in T₂*
- Water molecules around large vessels contribute substantially
- Water molecules around small vessels contribute modestly
- Based on extravascular contribution alone, GRE-BOLD is weighted towards late venules and veins during activation

Spin Echo BOLD

- Contrast based on changes in T₂
- Water molecules around large vessels have negligible contribution
- Water molecules around small vessels contribute modestly
- Based on extravascular contribution alone, SE-BOLD is weighted towards capillaries, early venules during activation

Extrvascular Effects: GRE & SE BOLD

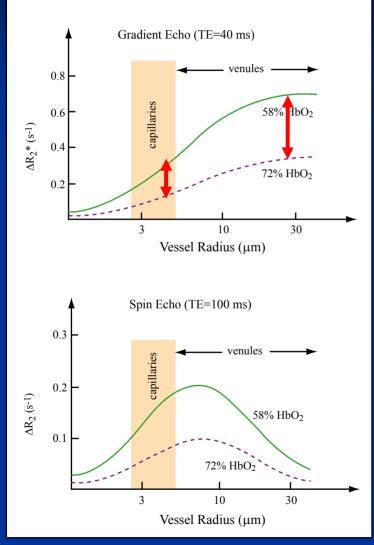
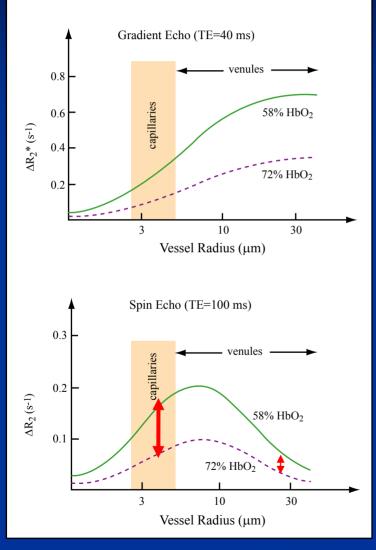


Figure by MIT OpenCourseWare, after Weisskoff, MRM (1994).

GRE sensitizes us to T₂* changes and thus weights us to larger vessels (although there is small vessel contribution)

Extrvascular Effects: GRE & SE BOLD



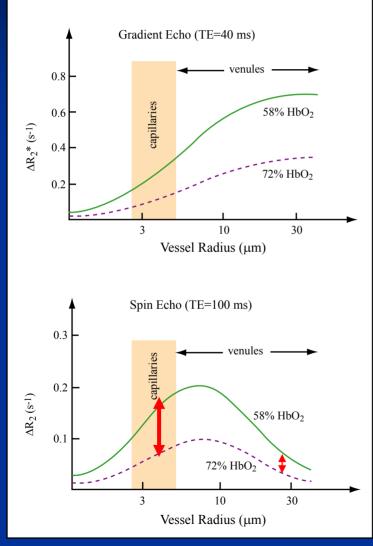
GRE sensitizes us to T₂* changes and thus weights us to larger vessels (although there is small vessel contribution)

 SE sensitizes us to T₂ changes and thus weights us to smaller microvessels (capillaries, early venules)

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Figure by MIT OpenCourseWare, after Weisskoff, MRM (1994).

Extrvascular Effects: GRE & SE BOLD



 GRE sensitizes us to T₂* changes and thus weights us to larger vessels (although there is small vessel contribution)

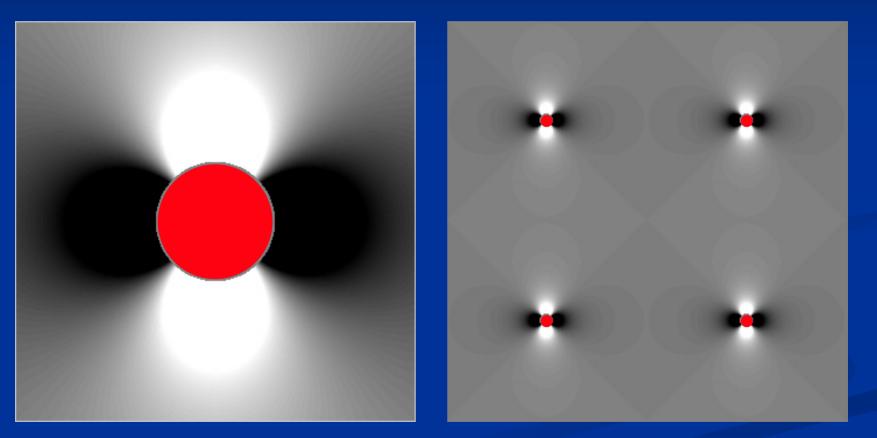
 SE sensitizes us to T₂ changes and thus weights us to smaller microvessels (capillaries, early venules)

Okay, but now what about intravascular contributions??

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Figure by MIT OpenCourseWare, after Weisskoff, MRM (1994).

Intravascular contribution



Large Vessel (30 um)

Small Vessels (3 um)

Intravascular Effects

- Despite small intravascular volume, intravascular signal contribution is *large* This is due to large gradient fields around RBCs containing dHb.
- T₂/T₂* of blood itself changes during activation
- Intravascular signal contribution is comparable to extravascular contribution, despite the small volume fraction

Intravascular & Extravascular

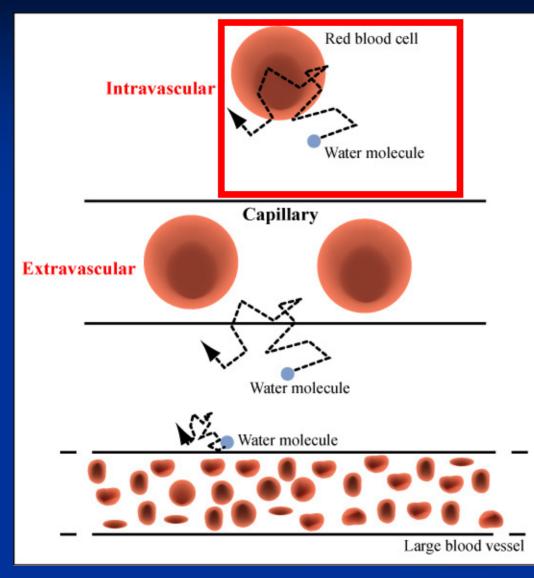


Figure by MIT OpenCourseWare. After Ugurbil et al. Philos Trans R Soc Lond, B, Biol Sci, 1999.

Intravascular & Extravascular

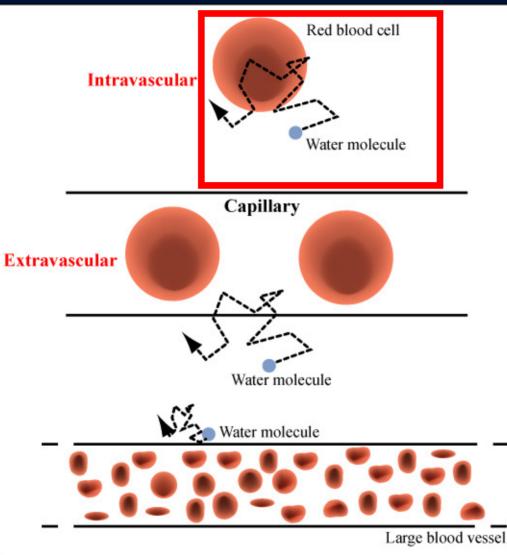


Figure by MIT OpenCourseWare. After Ugurbil et al. Philos Trans R Soc Lond, B, Biol Sci., 1999.

So is intravascular dephasing static or dynamic??

GE versus SE BOLD

Gradient Echo BOLD

- Contrast based on changes in T2*
- Water molecules around large vessels contribute substantially
- Water molecules around small vessels contribute modestly
- Intravascular water molecules contribute substantially!

Spin Echo BOLD

- Contrast based on changes in T2
- Water molecules around large vessels have negligible contribution
- Water molecules around small vessels contribute modestly
- Intravascular water molecules contribute substantially!
- Dynamic dephasing effects cannot be refocused!

Spatial specificity to neuronal activity?

- Small microvessels (capillaries, early venules) are more likely to co-localize with neuronal activity
- Signal changes around larger vessels (late venules, veins) may be artifactual; i.e. may be well downstream of true neuronal activity
- So-called "Brain versus Vein" problem of BOLD imaging
- Possible ways to reduce large vessel contribution?

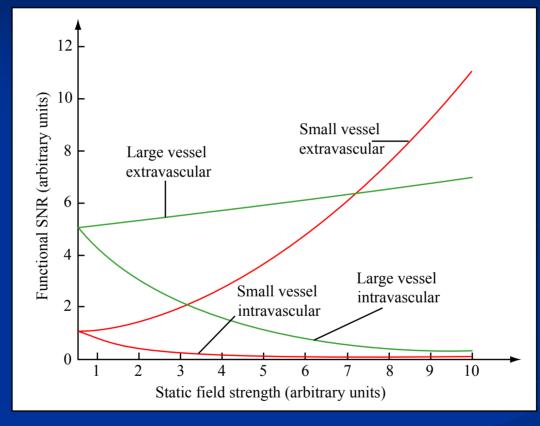


Figure by MIT OpenCourseWare. After Huttel et al, *fRMI*, 2004.

Functional Sensitivity versus Field Strength

from Huettel, Song, &, McCarthy, Functional MRI, Sinauer, 2004

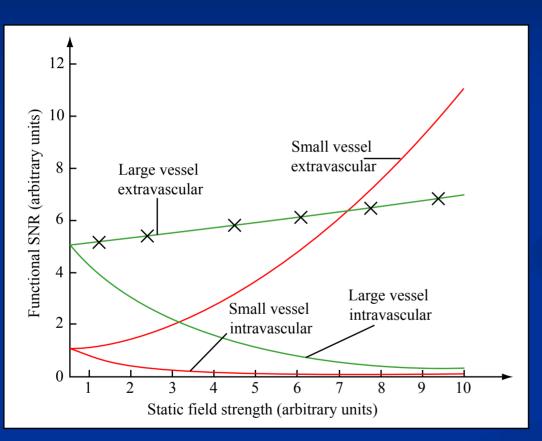


Figure by MIT OpenCourseWare. After Huttel et al, fRMI, 2004.

Functional Sensitivity versus Field Strength

SE-BOLD can substantially reduce large vessel *extravascular* contribution

from Huettel, Song, &, McCarthy, Functional MRI, Sinauer, 2004

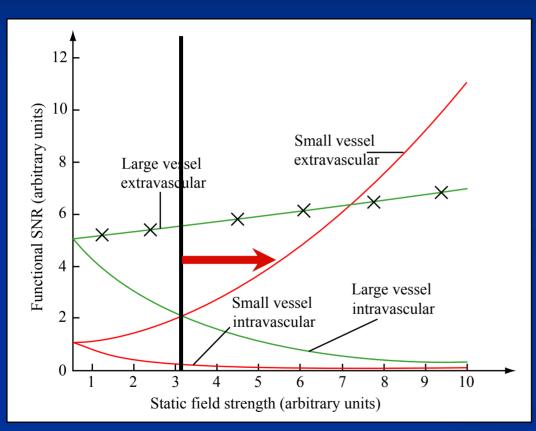


Figure by MIT OpenCourseWare. After Huttel et al, *fRMI*, 2004.

Functional Sensitivity versus Field Strength

SE-BOLD can substantially reduce large vessel *extravascular* contribution

 T₂/T₂* of blood both decrease significantly with increasing field; can reduce large vessel intravascular contribution

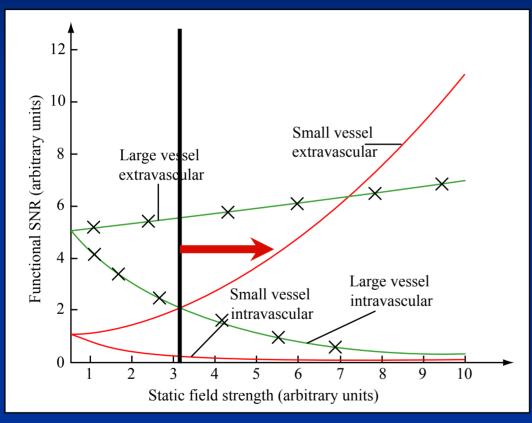
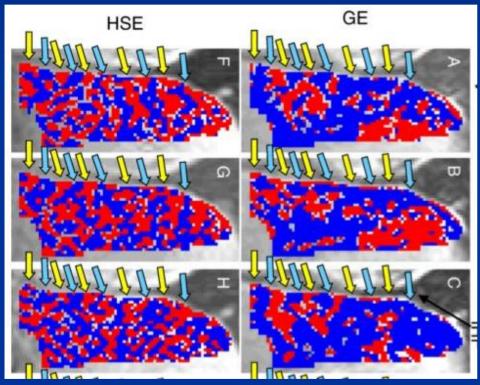


Figure by MIT OpenCourseWare. After Huttel et al, *fRMI*, 2004. **Functional Sensitivity versus Field Strength** SE-BOLD can substantially reduce large vessel *extravascular* contribution

 T₂/T₂* of blood both decrease significantly with increasing field; can reduce large vessel *intravascular* contribution

 Can also employ modest diffusion weighting* to eliminate large vessel intravascular signal



from Yacoub et. al., *NeuroImage* 37 no. 4 (2007): 1161-1177. Courtesy Elsevier, Inc., http://www.sciencedirect.com. Used with permission.

SE-BOLD at 7T show robust detection of ocular dominance columns Superior to GE-BOLD, which was not able to resolve columns

- GRE-EPI (EPI = echo planar imaging = fast)
 - Most commonly used at 1.5T, 3.0T
 - Provides large signal changes; very sensitive to activation
 - Large vessel artifacts (brain versus vein problem)

SE-EPI

- Will attenuate large vessel extravascular signal, but at 1.5T/3.0T large vessel *intravascular* signal will become dominant
- Lose SNR with SE due to refocusing and longer TE
- May be ideal at 7T and above
 - T₂/T₂* blood shortens: intravascular effect will be substantially reduced
 - SNR increases linearly with field strength
- Reduces distortions! If imaging frontal lobe, this may be worth considering

Diffusion-weighted GRE-EPI

Will reduce large vessel intravascular effects, but will be prone to large vessel extravascular effects

Diffusion-weighted SE-EPI

Will reduce large vessel intravascular and extravascular effects

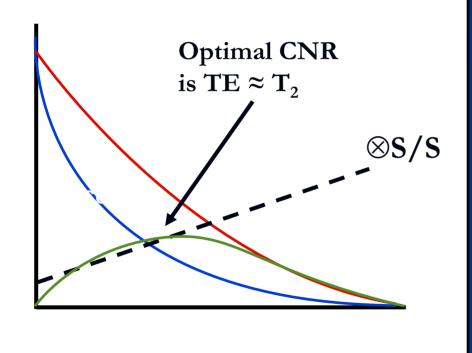
Will lose considerable sensitivity; longer TE

 May be possible at 1.5T/3.0T in targeting small vessel intravascular and extravascular effects

Spiral Imaging

- As fast (or faster) than EPI, but not prone to distortions
- Non-trivial image reconstruction
- HASTE, FLASH, TSE, etc.
 - Used for very high resolution imaging, but speed is sacrificed
 - Typically not amenable to whole cortex/ brain coverage (~20-30 slices) with short TR
 - If specific region-of-interest eliminates necessity for whole brain acquisition, these approaches may be useful HST.583, Div Bolar, 2008

BOLD Acquisition Parameters: **TE choice**



 Optimal CNR is a trade off between SNR and relative signal change (⊗S/S)

- This ends up being close to TE=T₂, but not exactly
- There are many other factors that come into play, e.g. distortion, motion, etc.

BOLD Acquisition Parameters: **TE choice**

Optimal GE-BOLD TE: ■ 50 – 60 ms at 1.5T 45 ms at 3.0T Fera et. Al (2004), JMRI 19, 19-26 Optimal SE-BOLD TE: 74 ms at 3T 45 ms at 7T Schafer, MAGMA

Both empirically determined; not set in stone!

Example Acquisition Parameters for BOLD

- Sensitivity increases with larger voxels
- Specificity decreases with larger voxels
 - There is a limit of course; specificity is ultimately limited by spatial coarseness of hemodynamic response

Typical parameters at 3T:

24 slices, 64x64 matrix, voxel size = 3.5x3.5x3.5 mm³, BW = 2998 Hz, TE = 40 ms, TR = 2000 ms

Take that with a grain of salt! It all depends on the question you want to ask! Will explore this more during Experimental Design Block

Part 2: Beyond BOLD: Novel techniques for imaging activation

Why BOLD?

- Highest CNR and sensitivity compared to all other functional MRI techniques
- High temporal resolution (compared to speed of response)
- High spatial resolution possible, but not with standard approaches
- Feasible on nearly all MRI scanners (including clinical machines) without special hardware or software
- BOLD has been one of the largest success stories in the past decade!

Why not BOLD?

- As we've learned, there are fundamental spatial and temporal limitations in BOLD fMRI
- Temporal:
 - Considerable delay and dispersion after stimulus onset and cessation
 - Response lags stimulus and neuronal response by seconds
- Spatial:
 - BOLD not exclusively sensitive to microvasculature; difficult to separate larger vein effects (*brain versus vein*).
 - Fundamental limitation of hemodynamic response; watering garden analogy <u>HST.583, Div Bolar, 2008</u>

Why not BOLD?

- Remember that BOLD is a relative technique; moreover, it is not a real physiological parameter
- No direct knowledge of any absolute physiological parameters like CBF, CBV, CMRO₂, etc.
- BOLD relative change often depends on baseline state, which can vary from scan to scan, person to person
- Results can be highly variable
 - Same person, same task, different day: different results
 - Can lose statistical power over course of study
 HST.583, Div Bolar, 2008

Novel approaches

CBF: Arterial Spin Labeling
 Calibrated BOLD (relative CMRO₂)
 CBV: Vascular Space Occupancy

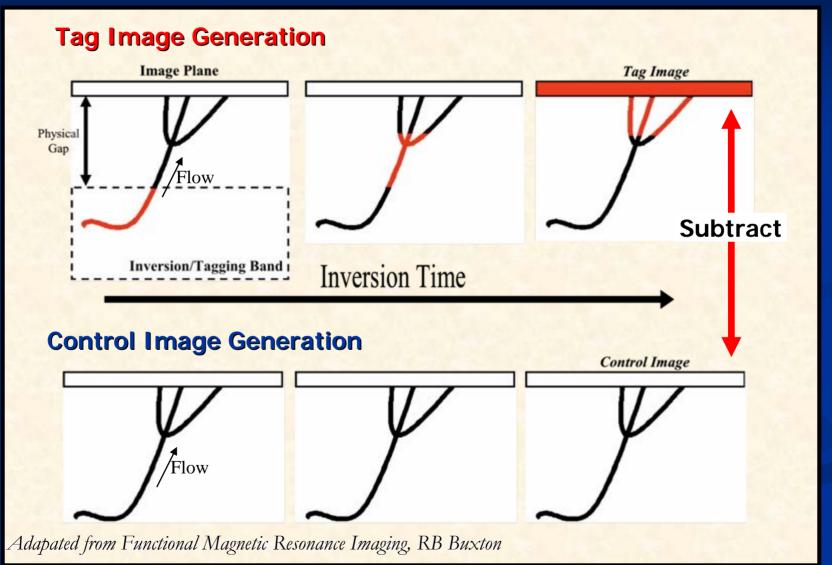
Arterial Spin Labeling (ASL)

- Non-contrast MR technique used to image CBF directly, i.e. tissue perfusion (microvascular flow)
- Involves creating a "magnetic" bolus by using RF energy to invert proton spins of water in arterial blood
- Inverted spins act as an endogenous contrast agent
- Imaging spins as they traverse the vascular tree generates perfusion maps
- CBF quantification in absolute units, ml/ (mg-min)

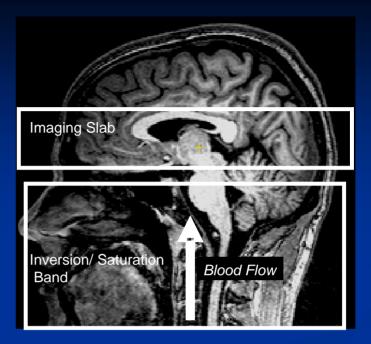
ASL: Advantages over **BOLD**

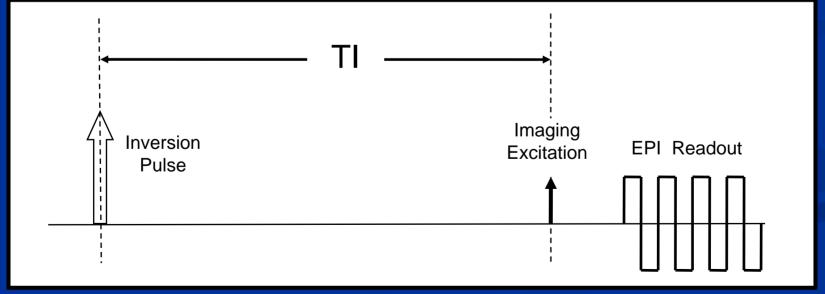
- More stable than BOLD time course signal
- Absolute technique; can quantify absolute CBF; calibrate changes with baseline CBF
- Is sensitive to arterial/ capillary flow; should be more tightly localized to site of neuronal activity
- Ideal for longitudinal studies
- Simultaneous BOLD/ ASL; BOLD is free!
- CBF is a fundamental, clinically meaningful physiological parameter

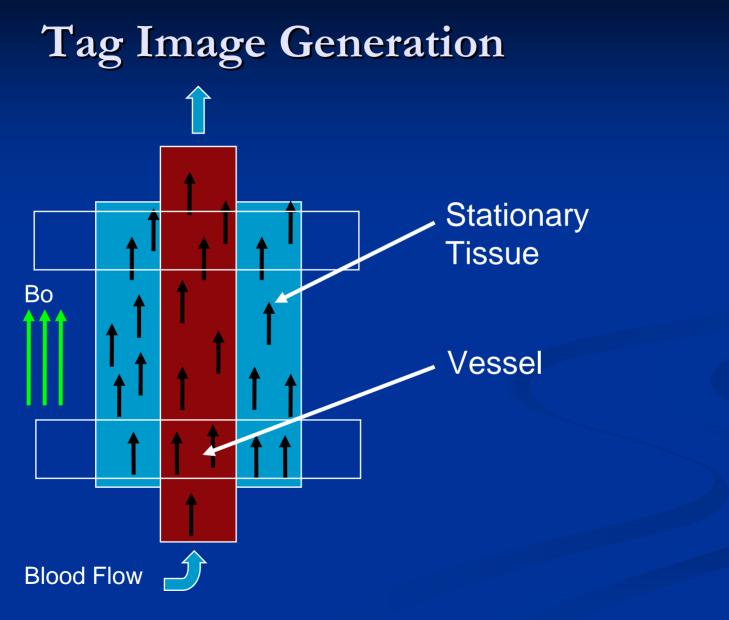
ASL: General Pulsed Approach

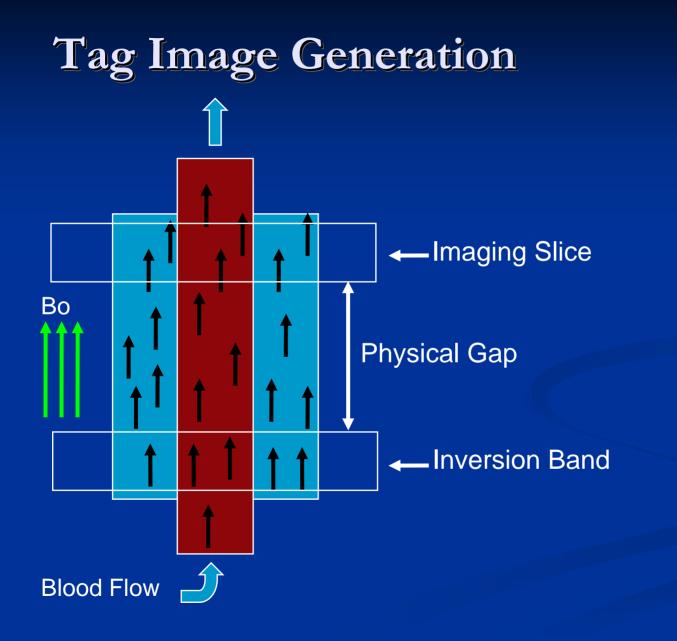


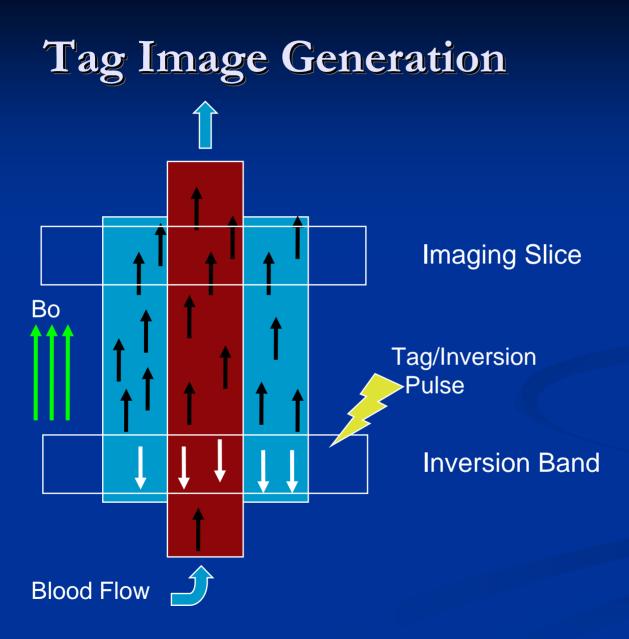
Pulsed ASL Anatomical Diagram & Pulse Sequence Timing

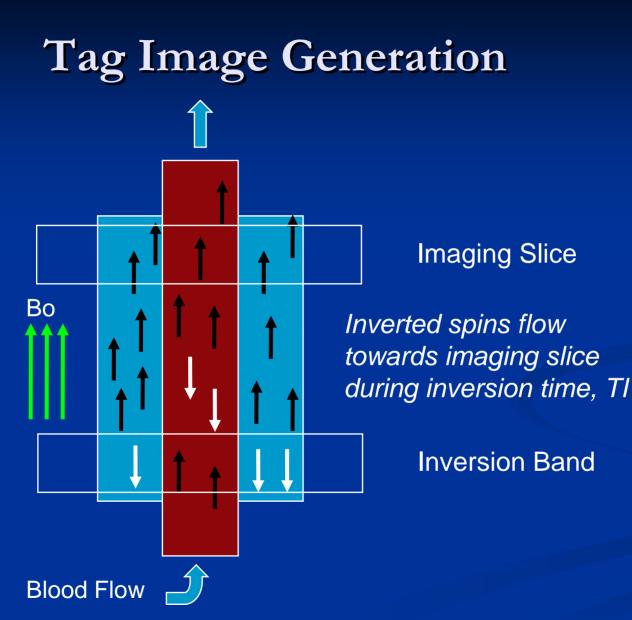


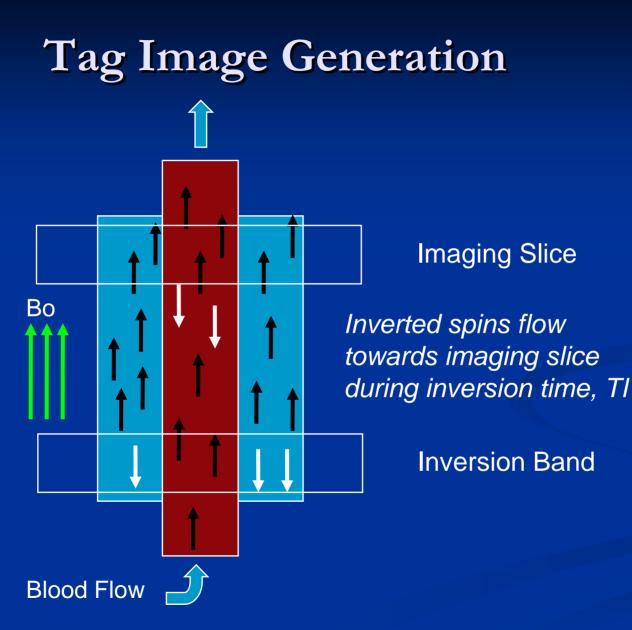


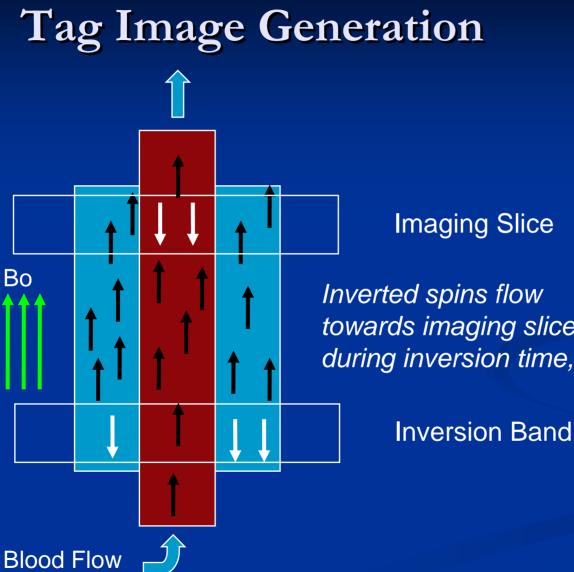






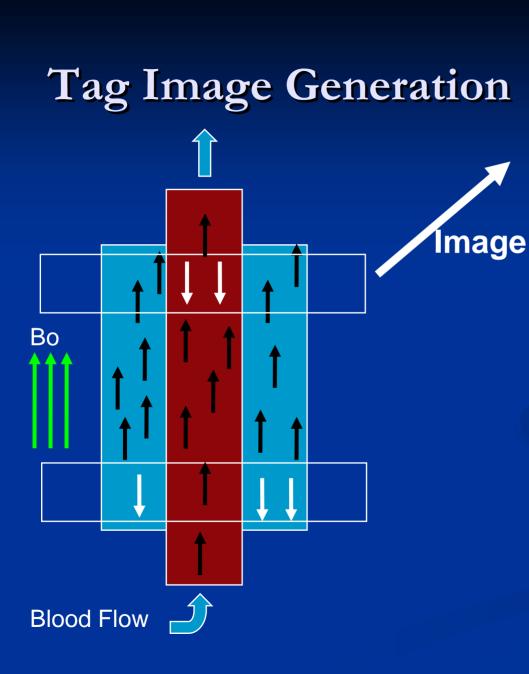


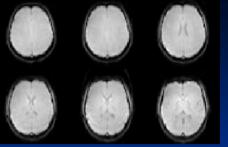




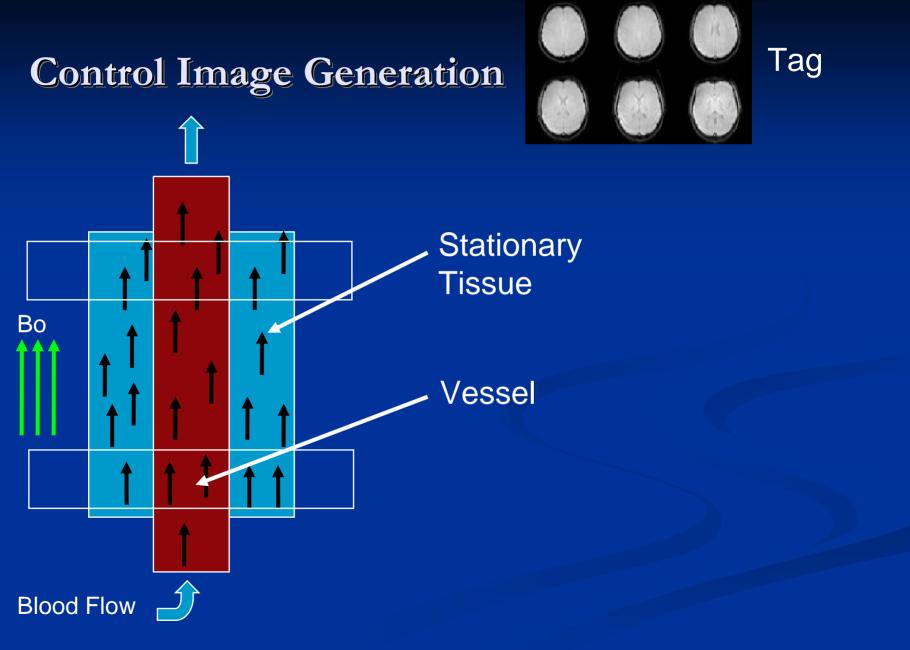
Imaging Slice

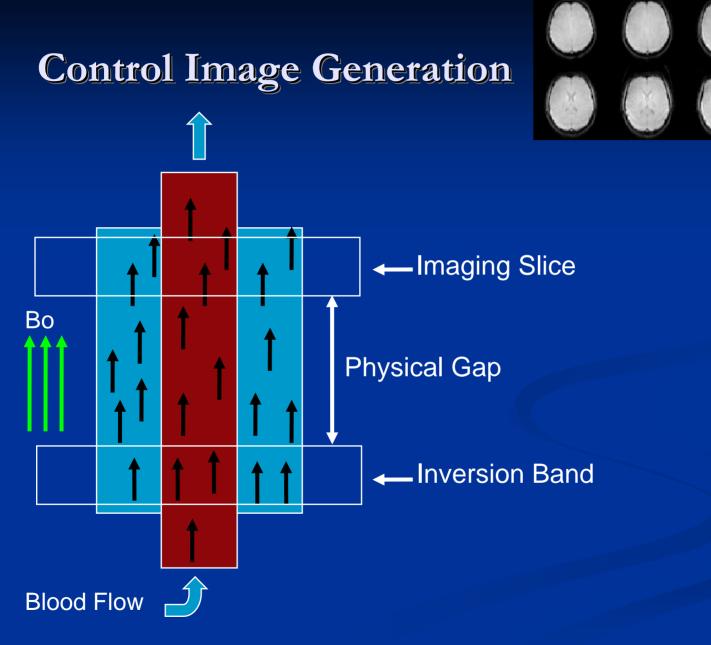
Inverted spins flow towards imaging slice during inversion time, TI



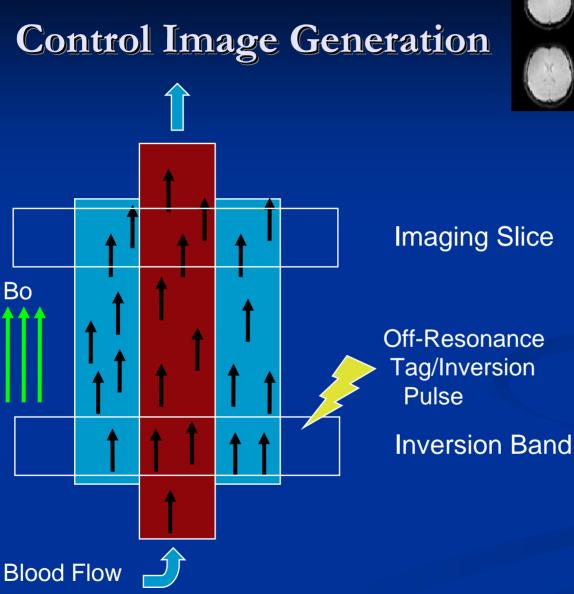


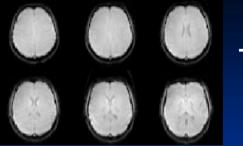
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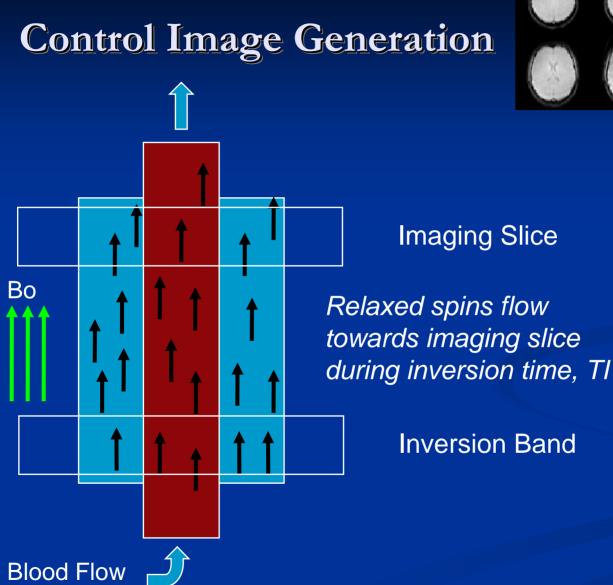


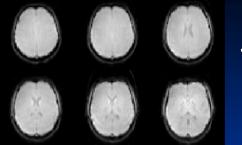
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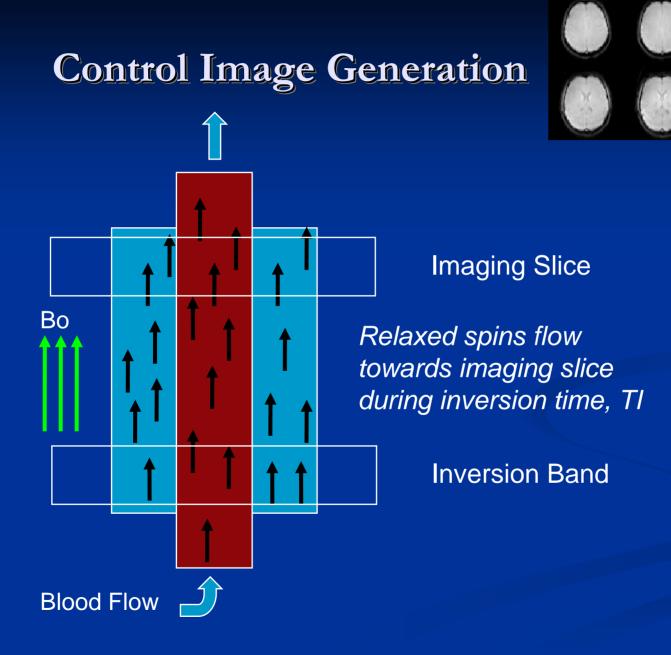


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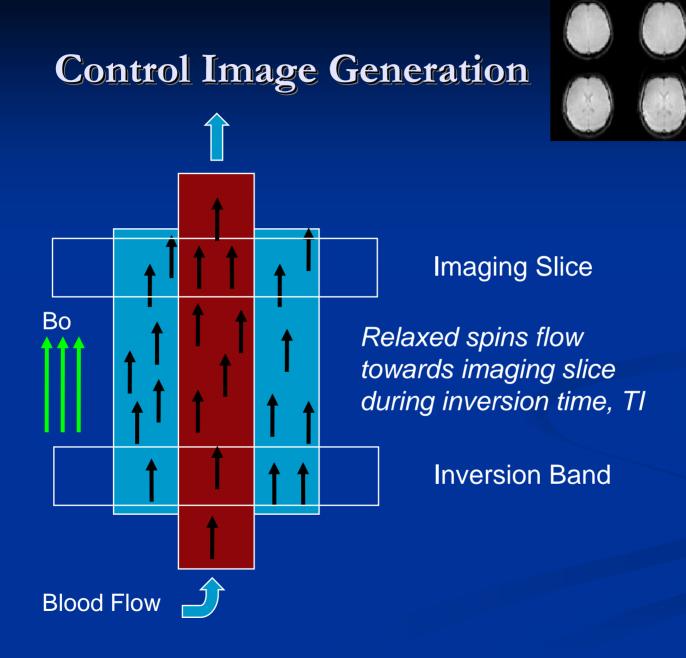




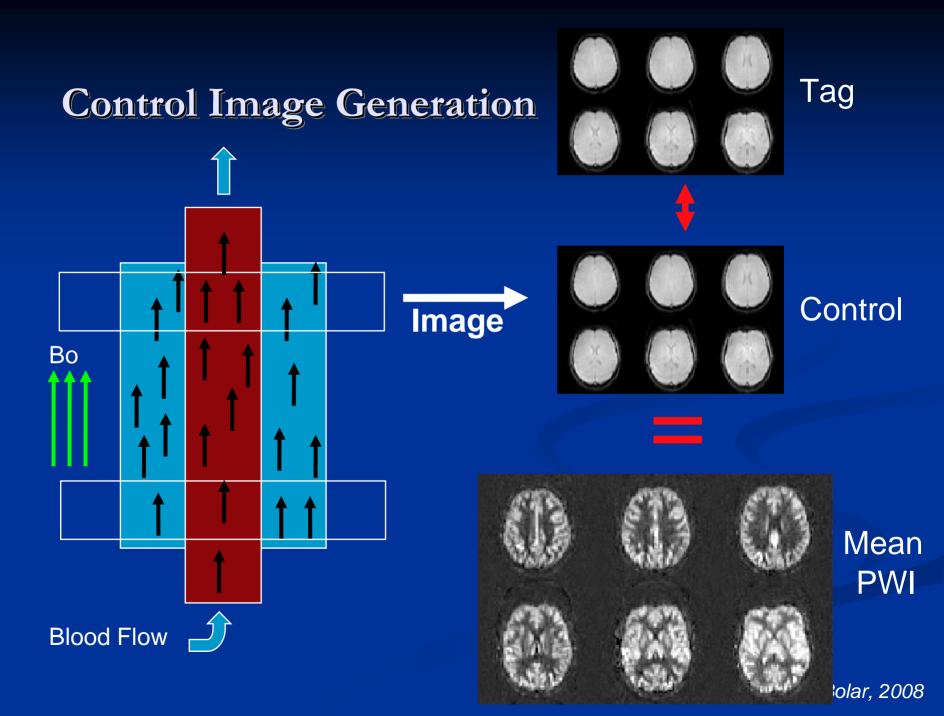
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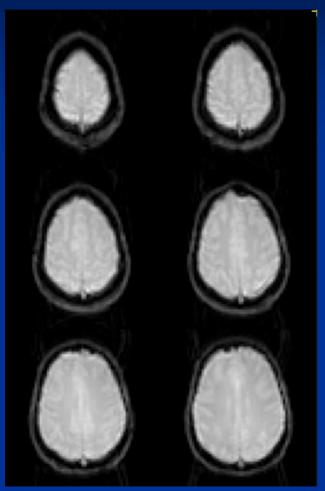
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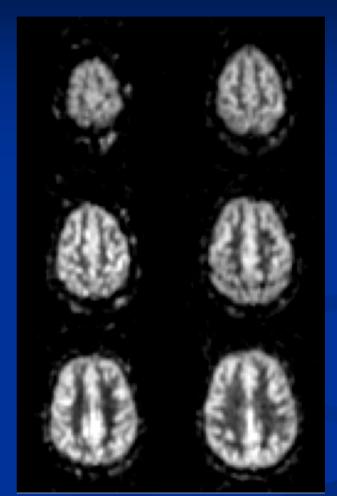
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ASL: EPI & Perfusion Images



Anatomical EPI images



Perfusion-weighted images (averaged and smoothed) HST.583, Div Bolar, 2008

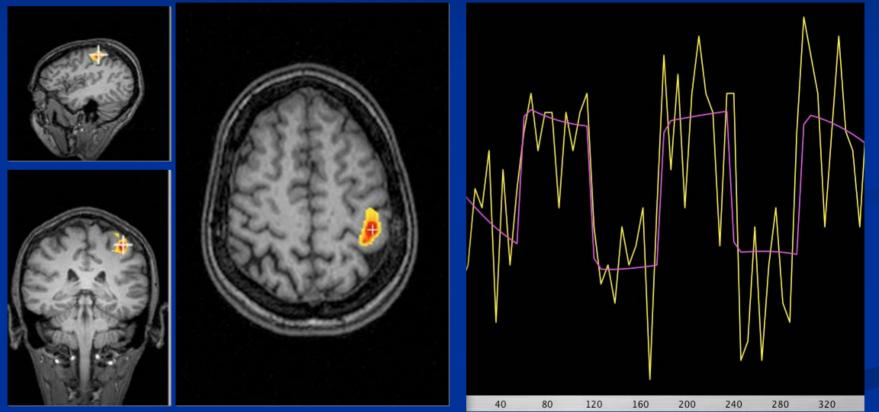
ASL: CBF Quantification

- CBF is calculated by simply dividing the volume of inverted spins delivered (V_{ASL}), by the delivery time ()*
- Volume of spins delivered (V_{ASL}) proportional to perfusion map signal intensity
- Delivery time () equal to inversion time, TI
- An additional 10 sec calibration scan is required for final conversion of SI in arbitrary units to CBF in ml/(g of tissue – min)

Limitations of ASL

- Low signal-to-noise ratio (SNR); activation change is ~1% of total signal (versus BOLD which is 3-5%)
 - Perfusion map from single-subtraction takes ~4 seconds; mean perfusion map requires ~6 min (90 averages)
 - Limited to low-resolution and few-slice acquisitions
 - Considerably less sensitive than BOLD!
- Tricky technique! Requires careful parameter optimization

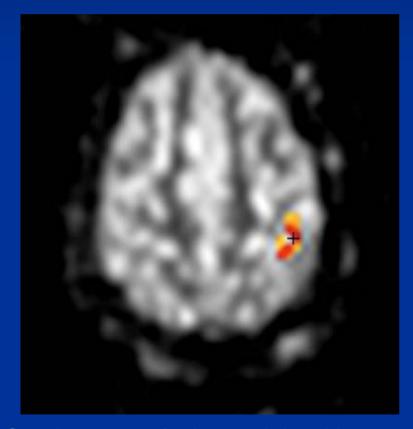
ASL: Motor Cortex Activation



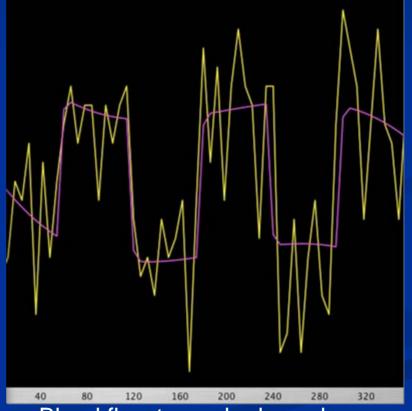
Overlay on anatomical T1-weighted image – Primary Motor Cortex –

Time series Blood flow to marked voxel over time

ASL: Motor Cortex Activation

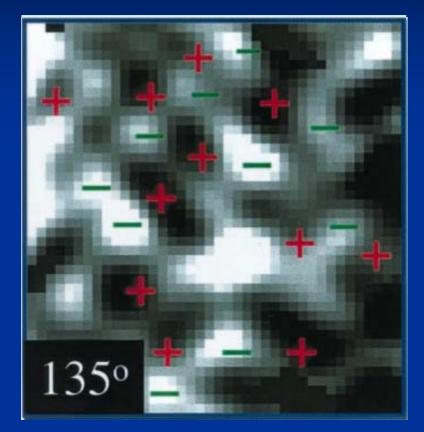


Overlay on perfusion-weighted image



Blood flow to marked voxel over time

ASL: Highly specific to activation



Courtesy of National Academy of Sciences, U. S. A. Used with permission. Source: Duong, T. Q. "Localized cerebral blood flow response at submillimeter columnar resolution." *PNAS* 98, no. 19 (September 11, 2001): 10904-10909. Copyright © 2001, National Academy of Sciences, U.S.A. Duong and colleagues used CBF-mapping MRI (ASL) to delineate orientation columns in cat visual cortex

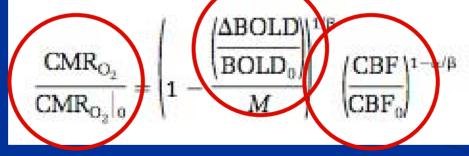
Showed that hemodynamic-based fMRI could indeed be used to individual functional columns

 ASL not prone to BOLD venous largevessel contribution

ASL: Summary

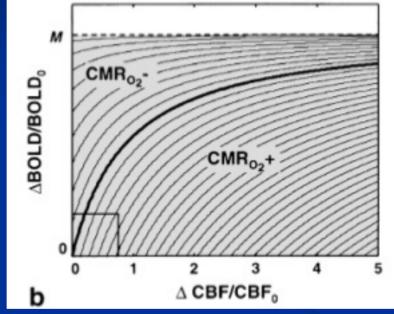
- Becoming a popular addition to BOLD, especially as imaging hardware improves (and alleviates SNR limitations)
- Can be done simultaneously with BOLD, to to *calibrate* BOLD signal
- Major MR scanner manufacturers now offer ASL as a produce sequence

- Use BOLD-ASL to calculate *relative CMRO*₂ changes during activation (Davis, PNAS, 1998, Hoge, PNAS/MRM, 1999)
- Based on the derivable equation:



If we know relative change in BOLD and CBF, we can compute relative change in CMRO2
 Assume alpha, beta, need to calculate *M* HST.583, Div Bolar, 2008

M represents the maximum possible BOLD change

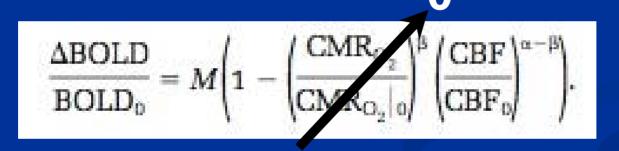


Hoge et al, MRM, 1999

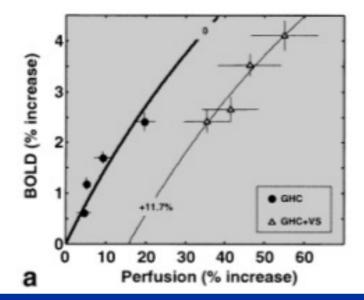
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At the limit, CBF will increase so much that ALL dHb gets washed out! Beyond this point, any additional increase in CBF will not change dHb content or BOLD signal!

To calculate *M* from CBF and BOLD, we need to make relative CMRO₂ change *zero*



We can do this by inducing *hypercapnia*; i.e. inhalation of CO₂ causes CBF/ BOLD change via vasodilation, but no CMRO₂ change*

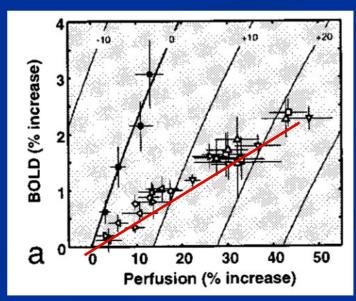


Hoge et al, MRM, 1999

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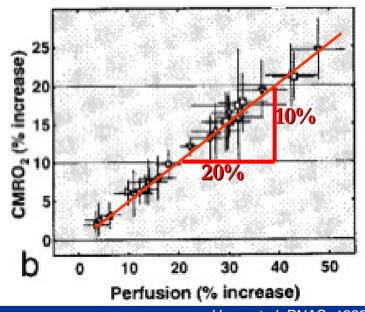
- We can see how CMRO₂ changes by plotting BOLD versus CBF for a task
- Data points should go across isocontours, giving us relative CMRO₂

 Using graded hypercapnia it is possible to create isocontours of CMRO₂



Courtesy of National Academy of Sciences, U. S. A. Used with permission. Source: Hoge, R., et al. "Linear Coupling between Cerebral Blood Flow and Oxygen Consumption in Activated Human Cortex." *PNAS* 96, no. 16 (August 3, 1999): 9403-9408. Copyright (c) 1999, National Academy of Sciences, U.S.A. *HST.583, Div Bolar, 2008*

Allows calculation of coupling index, n (i.e. relative CMRO₂ change versus relative CBF change)

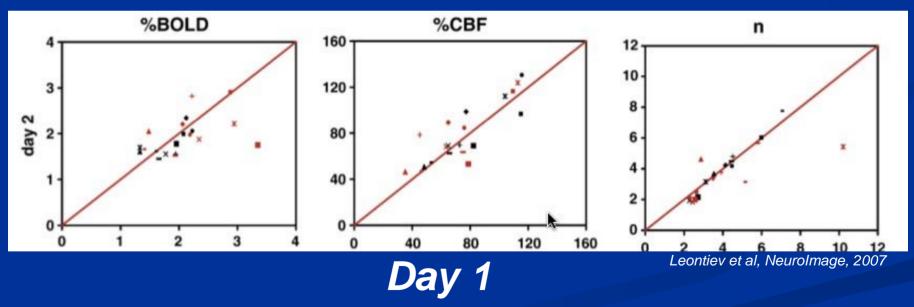


Hoge et al, PNAS, 1999

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n = 2

Coupling index (n) shows higher reproducibility than BOLD or CBF alone



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Summary: Calibrated BOLD

- Theoretically, only one grade of hypercapnia is needed to define *M*, CMRO₂ isocontours
- Even without hypercapnia, can simply assume *M*
- Using coupling index (n) as actvation measure may reduce intrasubject and intersubject variability of BOLD/CBF signal
 - For example, given the same task in different sessions, the calibrated change will be less variable

Could increase power of your study (i.e. via group statistics, etc.)