Activity 2: Multiple Identities

The class is broken up into 11 small groups led by facilitator pairs.

Students will be asked to make decisions about their multi-layered identities based on what categories they feel relate most closely with their identity, do NOT relate closely with their identity, where they feel the most oppressed or stigmatized, and where they feel they have the most power and privilege. Categories include: sex, gender, race/ethnicity, immigration status, class, socio-economic status, health status, able-bodiedness, sexual orientation, appearance, size, and religious identification /spirituality.

Six sheets of paper will be posted on the walls of the room - each with a different category on it. Each student will be given two sticky dots of the colors red, green, blue, and yellow.

Students will look over the categories and put their RED dots on the two categories they feel relate most closely with their identity. Then each student will pick a partner and in twos, they will discuss why they made these decisions and how they feel about them.

Next, each student will put their GREEN dots on the two categories they feel relate least with their identity. They will then pair up WITH SOMEONE DIFFERENT to discuss their choices.

Each student will then put their BLUE dots on the two categories they feel are the most oppressed, stigmatized or discriminated against. Again, they will pair up with someone different to discuss.

Finally, each student will put their YELLOW dots on the two categories in which they feel they have the most power or privilege. And they will discuss that with a different person.

The facilitator pairs will end the activity with a discussion with the entire group to find out what was difficult for the students, what was easy, if anything was awkward, or just basically why they chose what they did.

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